



BRINGING THE BABY HOME QUESTIONNAIRE

Is the Bringing the Baby Home course something that you and your partner might benefit from?

Answer the following questions to find out. (The following is not a formal assessment, and will only be used to give you an indication as to whether the course may be relevant to you.)

1. Have you and your spouse/partner either been planning to have a baby, are currently pregnant, or have recently had a baby who is between the ages of 0 -3yo?
Yes No
2. Has your marriage/committed relationship been undergoing stress, conflict, and/or emotional disengagement in the context of having had/about to have a child?
Yes No
3. Have you and your partner felt disconnected from each other during this time of significant change in your family?
Yes No
4. Would you like to learn about the importance of the father in your child's emotional development, and how the child-father relationship is important to your child's development?
Yes No
5. Would you like to understand and recognize the warning signs of a mother's Post-Partum Mood Disorders (such as postnatal depression), and how to reduce the severity of these conditions, and the impact that these conditions may have on your child's development?
Yes No
6. Does the conflict in your relationship often end up with one or both of you feeling hurt, emotionally injured, not understood and/or shut down by the other?
Yes No
7. Are you wondering if sex can actually exist after having children?
Yes No
8. Are you and/or your partner having difficulties connecting emotionally with your child, and/or would you like to know how to effectively connect with your child emotionally?
Yes No

If you have answered yes to any of these questions concerning pre or post baby relationship difficulties then your relationship, like two-thirds of all new parents is undergoing one of its greatest challenges.

We invite you to register for the Bringing the Baby Home Workshop where these issues, amongst others, will be targeted and you and your partner will learn new skills to navigate through these relationship obstacles towards greater parental and marital satisfaction.